**Prescription Request for Gluten-Free Foods**

This is the approved list of gluten-free foods supported by funding for adults and children in Surrey Heartlands, no other products will be approved.

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| Name: |
| Address & postcode: |
| Usual GP: |

**Please choose up to 8 items each month.**

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| **Fresh loaves of bread** | **EMIS descriptor (for GP use)** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** |
| Juvela fresh white sliced loaf 400g (8 loaves) | Juvela gluten free fresh white loaf sliced (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| Juvela fresh fibre sliced loaf 400g (8 loaves)  | Juvela gluten free fresh fibre loaf sliced (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| Glutafin Select fresh brown bread 400g (8 loaves)  | Glutafin gluten free select fresh brown loaf sliced (Dr Schar UK Ltd) | MF, EF |  | Count as 8 items |
| Glutafin Select fresh white bread 400g (8 loaves)  | Glutafin gluten free select fresh white loaf sliced (Dr Schar UK Ltd) | MF, EF |  | Count as 8 items |
| Genius white sliced sandwich loaf 535g (6 loaves of bread) | Genius gluten free white sandwich bread sliced (Genius Foods Ltd) | MF, SF |  | Count as 8 items |
| Genius brown sliced sandwich loaf 535g (6 loaves of bread) | Genius gluten free brown sandwich bread sliced (Genius Foods Ltd) | MF, SF |  | Count as 8 items |
| Genius Farmhouse Seeded Brown Farmhouse 535g (6 loaves of bread) | Genius gluten free seeded brown farmhouse loaf sliced (Genius Foods Ltd)  | MF, SF |  | Count as 8 items |
| Warburtons white sliced bread 400g (4 loaves of bread)  | Warburtons gluten free white bread sliced (Warburtons Ltd) | MF, SF |  | Count as 4 items |
| Warburtons brown sliced bread 400g (4 loaves of bread)  | Warburtons gluten free brown bread sliced (Warburtons Ltd) | MF, SF |  | Count as 4 items |
| **Fresh rolls** | **EMIS descriptor (for GP use)** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** |
| Juvela fresh fibre rolls (8 packs of 5 rolls) 425g | Juvela gluten free fresh fibre rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| Juvela fresh white rolls (8 packs of 5 rolls) 425g | Juvela gluten free fresh white rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| Warburtons brown rolls (3 pack of sub rolls) 220g (4 packs of 3 rolls)  | Warburtons gluten free brown rolls (Warburtons Ltd) | MF, SF |  | Count as 4 items |
| Warburtons white rolls (3 pack of sub rolls) 220g (4 packs of 3 rolls)  | Warburtons gluten free white rolls (Warburtons Ltd) | MF, SF |  | Count as 4 items |
| **Fresh bread / rolls mixed cases – PRESCRIBE AS 2 SEPARATE LINES** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** |
| 4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh fibre sliced loaf 400g | Juvela gluten free fresh white loaf sliced (Hero UK Ltd)Juvela gluten free fresh fibre loaf sliced (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| 4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh white rolls (5 rolls) | Juvela gluten free fresh white loaf sliced (Hero UK Ltd)Juvela gluten free fresh white rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| **Fresh bread / rolls mixed cases (cont…) – PRESCRIBE AS 2 SEPARATE LINES** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** |
| 4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh fibre rolls (5 rolls) | Juvela gluten free fresh white loaf sliced (Hero UK Ltd)Juvela gluten free fresh fibre rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| 4 packs Juvela fresh fibre sliced loaf 400g + 4 packs Juvela fresh white rolls (5 rolls) | Juvela gluten free fresh fibre loaf sliced (Hero UK Ltd)Juvela gluten free fresh white rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| 4 packs Juvela fresh fibre sliced loaf 400g + 4 packs Juvela fibre rolls (5 rolls) | Juvela gluten free fresh fibre loaf sliced (Hero UK Ltd)Juvela gluten free fresh fibre rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| 4 packs Juvela white rolls (5 rolls) + 4 packs Juvela fibre rolls (5 rolls) | Juvela gluten free fresh white rolls (Hero UK Ltd)Juvela gluten free fresh fibre rolls (Hero UK Ltd) | EF, SF |  | Count as 8 items |
| **Long life bread** | **EMIS descriptor (for GP use)** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** | **How many?** |
| Glutafin Select fibre loaf sliced 400g  | Glutafin gluten free Select fibre loaf sliced (Dr Schar UK Ltd) | MF, EF |  | 1 item |  |
| Glutafin Select seeded loaf sliced 400g  | Glutafin gluten free Select seeded loaf sliced (Dr Schar UK Ltd) | MF, EF |  | 1 item |  |
| Glutafin Select white loaf sliced 400g  | Glutafin gluten free Select white loaf sliced (Dr Schar UK Ltd) | MF, EF |  | 1 item |  |
| Juvela Long Life fibre loaf sliced 400g | Juvela gluten free fibre loaf sliced (Hero UK Ltd) | EF, SF |  | 1 item |  |
| Juvela Long Life fibre loaf unsliced 400g | Juvela gluten free fibre loaf unsliced (Hero UK Ltd) | EF, SF |  | 1 item |  |
| Juvela Long Life white loaf sliced 400g | Juvela gluten free loaf sliced (Hero UK Ltd) | EF, SF |  | 1 item |  |
| Juvela Long Life loaf white unsliced 400g | Juvela gluten free loaf unsliced (Hero UK Ltd) | EF, SF |  | 1 item |  |
| **Part baked products** | **EMIS descriptor (for GP use)** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** | **How many?** |
| Juvela bread roll white part baked ( 5 x 75g) 375g | Juvela Gluten Free bread rolls (Hero UK ltd)  | EF, SF |  | 1 item  |  |
| **Flour and bread products** | **EMIS descriptor (for GP use)** | **Free From\*** | **Tick (🗸)****to choose** | **Count as:** | **How many?** |
| Glutafin select multipurpose white mix 500g  | Glutafin gluten free Select multipurpose white mix (Dr Schar UK Ltd) | EF, SF |  | 2 items |  |
| Glutafin select multipurpose fibre mix 500g | Glutafin gluten free Select multipurpose fibre mix (Dr Schar UK Ltd) | EF, SF |  | 2 items |  |
| Pure bakery blend mix (1kg) | Innovative Solutions Pure gluten free bakery blend mix (Innovative Solutions UK Ltd) | EF, MF, SF |  | 2 items |  |
| Juvela fibre mix 500g  | Juvela gluten free fibre mix (Hero UK Ltd) | EF, SF |  | 2 items |  |
|  |  |  | **Item total** |  |